



ABN E-NEWS

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Alabama Board of Nursing
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Peggy Sellers Benson Named New ABN Executive Officer

Honor L. Ingels
 Chief Legislative and Information Officer

On April 16, the Alabama Board of Nursing officially appointed Peggy Sellers Benson, RN, MSHA, MSN, NE-BC, to the position of Executive Officer. Ms. Benson had previously been serving in the role of Interim Executive Officer from her official position of ABN Deputy Director.

During the April 16 meeting, Peggy offered her vision for the future of the Board in the form of a Power Point presentation titled "New Direction," which focuses on moving the Board forward in the coming years by building on a number of process reforms and innovations that she has been instrumental in implementing since taking over as Deputy Director in 2013. The vision is built on five pillars of success (Service, People, Quality, Strategy, Financial) and depends on proactively pursuing open, inclusive, and collaborative relationships between the Board, Board staff, the nursing community and other stakeholders, and the Executive and Legislative branches of government.

Board President Francine Parker, EdD, MSN, RN, said, "I am very pleased with the Board's decision to appoint Mrs. Benson Executive Officer. Peggy is a consummate professional and is recognized throughout Alabama and the United States as a leader in our profession. We were very fortunate to have the ideal candidate already on staff at the Board."



It Takes a Nurse

It isn't training or education
that defines a nurse
it's her innate capacity and need
to comfort, to heal
with tired yet nimble hands and
weary eyes
she juggles so much
to provide a nurse's touch.

She offers comfort and hope,
a warm smile and steady calm
in the face of pain and suffering
a shoulder to lean on
and other intangible things
no medication can bring.

Working long hours
under intense pressure
and in many different settings
with ability and skill so varied,
she can still stop for a moment
to wipe a tear, hold a hand
her passion, her ability to
Understand.

Blending the professional with the
personal
intricate details
and small gestures
to complement the holistic
approach to care
a nurse does what matters,
when it matters most.

Alicia Nickelson
CE/Practice/Education Assistant

ABN Welcomes New Member

Effective February 10, 2015,
Governor Bentley appointed
LaDonna Burns, LPN, WCC,
DWC, of Northport, to the Board
of Nursing. Ms. Burns serves as
a Wound Care Coordinator at
Med South, Inc., in Jasper. Her
current term expires December
31, 2015. Please join us in
welcoming Ms. Burns aboard.

A Salute to Long-Time Licensees

*In celebration of the ABN Centennial, please join us in recognizing those nurses
who will have been licensed for at least 50 years by December 31, 2015:*

RN

Rachael Adair	J. Sue Allen
Audrey Anderson	Gloria Anderson
N. Carole Arledge	Shirley Arnold
Mary Atkins	Annie Axford
Sharon Ball	Penelope Barck
Barbara Beals	Betty Belcher
Betty Bentley	Edith Benton
Roberta Benton	Barbara Blackmon
Naomi Blackwell	Patricia Boothe
Martha Brackett	Josephine Brasher
Sara Bratt	Esther Breneman
Ethel Bridges	Alyce Brown
Claudia Brown	Helen Bryant
Marian Buchanan	Carolyn Bunkley
S. Ann Burgess	Doris Bush
Emily Butler	Ruby Butterworth
Judith Cabaniss	Lois Caldwell
Sarah Camp	Arthur Campbell
Bernice Capps	Edna Carroll
Doretha Carson	Madeline Carter
Martha Cates	Judy Chandler
Dorothea Claunch	Dorothy Claybrook
Catherine Cobb	Doris Cocke
Jacqueline Cockrell	Gwendolyn Collins
Virginia Collum	Barbara F. Cook (Huntsville)
Barbara F. Cook (Bessemer)	Alice Cooley
Georgia Corbell	Annie Cornelius
Carolyn Coward	Margie Crawford
Sandra Crawford	Ellen Cruit
Alice Cunningham	Sherry Daniels
Brenda Davidson	Sandra Davis
Billie Deason	Merrian Douglass
Katharyn Dowdle	Lurlene Driver

100 Years of Regulatory Excellence

A Brief History of Advanced Practice Nursing in Alabama

Charlene B. Cotton
Nurse Consultant for
Advanced Practice

Advanced Practice Nurses (APNs) were formally recognized by the Board in 1982, with the adoption of rules for "Specialty Practice" by Nurse Anesthetists, Nurse Practitioners and Nurse Midwives. RNs practicing in these three specialties were required to apply for Board approval in order to continue practicing after January 1, 1984. At that time, CNMs were regulated by the Board of Nursing and the Alabama Board of Medical Examiners, based on public health laws enacted in 1976. The Nurse Practice Act granted ABN the authority to regulate nursing practice, but there were no laws defining specialty practice or advanced practice nursing by CRNAs, CRNPs and CNSs. The 1982 rules did not include CNSs.

Specialty nursing education started as "certificate programs" for currently licensed RNs and did not grant academic degrees. National examinations were developed to demonstrate consistency in preparation for specialty practice, regardless of the school. Nurse Anesthetists established a certification examination in 1956.

(Continued on Page 4)

A Salute to Long-Time Licensees *(Continued from Page 2)*

RN (continued)

Sarah Dyer	Doris Edmonson
Martha Eisenberg	Evelyn Ellison
E. Grace Elmore	Beverly Erskine
E. Jean Estes	Alice Evans
Shannon Evans	Josephine Falletta
Grace Farnell	Ruth Farr
Rose Ferrell	Rita Finch
Wilma Firestone	Dorcas Fitzgerald
Elizabeth Flanagan	Evelyn Flowers
Juanzetta Flowers	Frances Forrester
Elizabeth Fox	Frances Freeman
Jerrie Fuhrman	Elsie Gambel
Joanne Gamble	Bonnie Garrett
Delores George	Carolyn Gilbert
Ann Gilfillan	Nancy Gilreath
Ola Glover	Carrie Graves
Lois Griffin	Carol Grooms
Patricia Gropp	Nancy Grubbs
Mary Guthrie	Delois Guy
Mildred Hamner	Alma Hankins
Cleta Harpe	Ilda Harrell
Florence Harris	Jennett Harris
Mary Harris	Carol Harrison
Delores Haussler	Mary Hays
Mary Heinemann	Shirley Hendrix
Shirley Hester	Delia Hill
Billy Hodges	Judith Holcombe
Sandra Holmes	B. Joyce Holston
Carol Horn	Evon Horne
Tenza Housel	Betty Howe
Betty Howell	Betty Huechtker
Annie Hurst	Frankie Hyde
Carolyn Jefferson	Evelyn Jeter
Ernestine Johnson	Gail Johnson

**A Brief History of
Advanced Practice
Nursing in Alabama**
(Continued from Page 3)

Exams for nurse midwives and nurse practitioners evolved over the next few decades. Following the growth of baccalaureate nursing education, specialty nursing education slowly moved into academic institutions as master's level curricula.

Alabama was among the first states to require current national certification for CRNAs, CRNPs, and CNMs. Specialty Practice requirements for Alabama RNs in 1982 included both specialty education and current national certification. The 1982 rules required APNs to maintain specialty certification or lose the Board's approval for specialty practice. Nurse Practitioner rules mandated a BSN in addition to NP education for all applicants after January 1, 1985.

The Nurse Practice Act was amended in 1995, adding Chapter 5, which governs Advanced Practice Nursing. It defined the four Advanced Practice Nursing categories, including Clinical Nurse Specialist. CRNP and CNM educational requirements increased to "master's or higher degree in nursing" with educational preparation in the specialty. CRNA education moved to the master's level nationally in 1998, and this requirement was added to the ABN rules in 2003.

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A Salute to Long-Time Licensees
(Continued from Page 3)

RN (continued)

Shirley A. Johnson	Shirley G. Johnson
Sarah Johnston	Sally Jones
B. Marlene Kerlin	Janice Kidd
Naldia Killough	Nancy Kindred
Mary Kirchoff	Elaine Klein
Shirley Latham	Connie Ledlow
Sally Lee	Barbara Lloyd
Joan Loftin	Willie Lovelace
Frances Lowe	Sarah Mair
Dona Martin	Linda Martin
Myra McAlister	Barbara McClary
Margaret McDowell	Cornelia McEwen
Anita McFaddin	Marilyn Mistrot
Mary Monroe	Frances Moore
Helen Moore	Margaret Moore
Bettie Morales	Sue Morrison
G. Carolyn Morton	Gloria Motley
Mary Myers	Faye Nix
H. Jean O'Kelley	Linda Olivet
Martha Owen	Vaudean Owens
Alice Page	Mary Passwater
Edna Pate	Mary Pate
M. Joan Peek	Mary Peek
Ruth Phillips	Linda Pickard
Martha Pigford	Barbara Powell
Diane Pratt	Nancy Price
Stephanie Price	Reba Reese
Robbie Reid	Betty Rice
Sandra Rice	Betty Robertson
Lorraine Robertson	Melba Rogers
Nannie Rolison	Joan Rommes
Phyllis Rowe	Madalyn Rucker
Bonnie Rust	Annie Schaneville
Patricia Schloeder	Sharron Schlosser

**A Brief History of
Advanced Practice
Nursing in Alabama**
(Continued from Page 4)

CNS rules were implemented in 1998, but master's level CNS education was not directly aligned with national certification exams. MSN graduates had the option to submit a professional portfolio instead of national certification. RNs practicing in CNS positions with a non-nursing master's degree were required to obtain national CNS certification. These options were phased out in 2006.

Because there has never been a national CNS exam for Maternal – Child, MSN graduates in this specialty petitioned the Board and received waiver of the certification requirement, pending availability of a national exam. The MSN and national certification are required for all other CNS specialties.

With the 1995 law, CRNPs and CNMs gained prescriptive authority for non-controlled drugs within collaborative practice with a physician licensed in Alabama, upon approval by ABN and the Board of Medical Examiners.

Legislation enacted in 2013 allowed CRNPs and CNMs to prescribe controlled substances on schedules III, IV, and V, provided they maintain a Qualified Alabama Controlled Substance Certificate (QACSC) issued by and under the exclusive jurisdiction of the Alabama Board of Medical Examiners. Under limited circumstances, the CRNP or CNM may obtain authority to prescribe specified drugs on Schedule II.

A Salute to Long-Time Licensees
(Continued from Page 4)

RN (continued)

Patsy Schmith	Patricia Seal
Ruthie Sexton	Martha Sherbert
Sarah Shirley	Marilyn Sides
Shirley Silverman	Armigene Skipwith
Ida Smith	Peggy Snell
Betty Spring	Ann Stallworth
Joyce Stanley	Mary Stanley
Leona Stewart	Vickie Story
V. Laurelle Stoudenmire	Mildred Street
Amanda Strickland	Doris Stubblefield
Janice Styres	Darla Tatum
Janet Taylor	Martha Taylor
Patricia Taylor	Reba Taylor
Surpora Thomas	Georgia Thompson
V. Joan Thompson	Shannon Thomson
Bonnie Thornhill	Annie Thorpe
Shirley Trammell	Martha Tucker
Mary Tuohy	Nita Tutwiler
Alice Usery	Lynette Vancleve
Bernadette Wagner	Linda Waide
Barbara Walker	Rosetta Walker
Mary Wallace	Paula Walley
Linda Watts	Roberta Watts
Mavis Webb	Judith Whaley
G. Joy Whatley	Bonnie Wheelles
Lula Whigham-Marable	Kathryne White
Barbara Whitman	Claudia Williams
Katheryn Williams	Kathryn Williams
Marianne Williams	Nelda Williams
Joan Williamson	Elizabeth Willis
Sarah Wise	Dorothy Wright
Carolyn Wyatt	Juanita Wynn
Norma Yeager	Elizabeth Young

What Is It Like to Be a Nurse?

LaDonna Patton, MSN, RN, CEN
Abby Migliore, MSN, RN

The word "nurse" is defined many ways. However, for a person to be a nurse, one is expected to have attained at least a minimum education and training for the level of practice in which he or she will engage. It is endless studying and sleepless nights. There is NCLEX® anxiety and feeling like you will never attain your goal. Through all the time, hard work, long classes, and the stress of passing the NCLEX®, we are presented with our nursing license; but does this truly define a nurse?

Often we have heard nurses say they did not feel like a "true nurse" until around a year after graduating. So our question is what in that first year made them feel like nurses? For some, it seems to be the experience or comfort level they develop as they perform the tasks or gaining practical knowledge that goes with working day in and day out. Others point to a specific person or experience that made them feel the joy and satisfaction of realizing what a positive force they can be in people's lives as nurses. If you ask nurses, many of them carry close to their hearts those patients or experiences that made the hard work, long hours, dirty tasks, and all those missed meals worth every second. Some say it is being able to stand side by side with their fellow nurses using their knowledge and experience to be that positive force for someone during a time of need and make a lasting impact on their health and well-being.

Suddenly, you realize that all the night shifts, overtime, and missed holidays with family; all the missed ballgames, and recitals, and school functions for your children; and all of the time spent away from your family caring for a member of someone else's family has been worth it. So, what's it like to be a nurse? It is simply amazing.

A Salute to Long-Time Licensees

(Continued from Page 5)

LPN

Patsy Abbott	Eugenia Arrington
Sherry Baumgardner-Curlee	Elizabeth Beam
Albertha Bibbins	Evelyn Bright
Jessie Bullard	E. Carolyn Burgess
Alice Burroughs	Shirley Burt
Mary Byers	Betty Cannon
Patricia Cathcart	Peggy Clardy
Judith Coan	Margie Colvard
Earlean Datcher	Caroline Davis
Wilma Depreast	Patsy Emanuel
Elvis Etheridge	Bertha Fleetwood
Mary Floyd	Emma Ford
Carrie Gardner	M. Joyce Hardy
Elizabeth Harris	Lottie Harris
Polly Hill	Barbara Holloway
Maggie Hopkins	Rosemary Horton
Margaret Howell	Claretta James
Mary Jones	Louella Kelley
Sonia Livings	Chrystine Maaytah
Norma McCollum	Ollie McFee
Judy Moore	Carrie Morrissette
Martha Noblitt	Zelda Parker
Jo Peavy	Patricia Phillips
Shirley Reaves	T. Elaine Reeves
Betty Robinson	Betty Smith
Joyce Smith	Rosie Smith
Margaret Spanyer	Barbara Stoddard
Joan Taylor	Violet Taylor
Betty Wade	Betty Warren
Patricia Weatherby	Jewell Winston
Jerri Woodard	

Meet the ABN Nursing Staff

ABN employs an exceptional staff of experienced, Masters and/or Doctorally-prepared nurses to accomplish our mission of regulatory excellence. In observance of our Centennial, we would like to recognize these professionals for their many contributions to ABN and Alabama nursing.

Peggy Sellers Benson, RN, MSHA, MSN, NE-BC Executive Officer

A native of Dora, Peggy brings 36 years of experience in nursing and healthcare leadership to her role with ABN. She is a board certified nurse executive, who has worked in various executive roles in nursing and human resources. Her previous roles include Chief Nursing Officer (CNO), System Director of Critical Care and Medical Surgical Nursing over a five hospital system, Director of Nursing for Specialty Services, and Assistant Administrator of Human Resources. She has served as a past member and president of the ABN and as Board member and president of Alabama Organization of Nurse Executives. Peggy and her husband, Harold, live in Clanton. They have four children and two grandchildren.

Cathy Boden, MSN, RN Nurse Consultant

Cathy earned her BSN degree from the University of South Alabama (USA) in her hometown of Mobile, where she began her career as a staff nurse at the USA Medical Center (USAMC). She first decided to become a nurse while receiving care from a special RN at the Mobile Infirmity Medical Center. Shortly after marrying, Cathy left USAMC and later obtained her MSN degree at the University of the Incarnate Word in San Antonio, Texas. She has been an RN for 30 years, the past 12 on staff with ABN, where her duties include the review of complaints and allegations of violations of the Alabama Nurse Practice Act.

Charlene Brown Cotton, MSN, RN Nurse Consultant

Charlene is ABN's Nurse Consultant for Advanced Practice Nursing. A native of Macon, Georgia, with a BSN from the Medical College of Georgia School of Nursing, she has been licensed as an RN for more than 40 years, primarily focused on the care of patients before and after surgery. She also served brief stints in the operating room, obstetrics, and as an associate degree nursing educator. Mrs. Cotton met her husband, Jim, in Huntsville, where she also earned her MSN from the University of Alabama - Huntsville.

Dawn Daniel, MSN, RN Director, Probation Monitoring

Born in Montgomery, Dawn was reared in North Carolina, where she earned her first baccalaureate degree in Business Administration from Wake Forest University. She completed her BSN at Winston-Salem State University, whereupon she was commissioned into the United States Air Force (USAF). While serving in the Air Force, Dawn spent two years at Duke University, where she earned her MSN with an emphasis in Oncology and Adult Health. Dawn joined the ABN staff in October 2010, having previously retired from the Air Force with the rank of Lieutenant Colonel.

Please Join Us August 14, 2015 For ABN's Centennial Celebration Reception!

What: Reception Honoring Alabama Nurses

When: August 14, 2015

Where: RSA Activity Center

201 Dexter Ave

Montgomery, Alabama 36104

Please stay tuned to our email and social media accounts for further information.

Meet the ABN Nursing Staff (Continued from Page 7)

Mary Ed Davis, DNP, MSN, RN

Director, Voluntary Disciplinary Alternative Program (VDAP)

A native of Pulaski, Tennessee, Mary Ed earned her BSN at the University of Tennessee Health Sciences Center, Memphis. She holds an MSN in Nursing Administration from the Medical College of Georgia and an MSN in Family Nurse Practitioner from the University of Alabama—Birmingham (UAB) and recently completed a DNP at UAB. Mary Ed has been an RN for 38 years, serving in roles ranging from staff nurse to administrator to Nurse Practitioner in facilities throughout the Southeast. She also has extensive teaching experience at both the ADN and BSN levels. Mary Ed joined the ABN staff in June 2001.

Joyce D. Jeter, MSN, RN

Nurse Consultant

Originally from Dothan, Joyce is a BSN graduate of Tuskegee University with an MSN from Troy University. She began her 26-year nursing career as an officer in the United States Army, serving six years and attaining the rank of Captain. Since leaving the Army, Joyce has served as an RN, nurse administrator, and instructor. She has experience in a myriad of clinical and educational settings. In June 2013, she joined the ABN staff, where she manages the CE and Practice sections. Joyce has three daughters—Ashley, Antinia, and Anajulia. In honor of her late husband, Mrs. Jeter is passionately working on the development of his foundation, the Robert Anthony Jeter Athletic Scholarship, which provides mentorship to at-risk athletes as they transition into college and pursue scholarship opportunities.

LaDonna Patton, MSN, RN, CEN

Nurse Consultant

LaDonna is a native of Blount County, Alabama, who holds an ADN from Calhoun Community College, a BSN from the University of North Alabama, and an MSN from Troy University. She has been an RN since 1999, working in emergency departments (EDs) throughout the United States and as a clinical educator. She also completed training in, and has practiced as, a Sexual Assault Nurse Examiner (SANE), where, along with the ED and Corrections experience, she truly began to appreciate the intersection between healthcare and law. In 2009, LaDonna joined ABN, where her duties include collaboration with the Board's Special Investigators in the review of allegations of Nurse Practice Act violations, as well as working with applicants seeking reinstatement of a revoked nursing license. LaDonna and her husband, Cliff, live in Montgomery.

