

Motivational Interviewing for Clinicians: Why Are Clients Ambivalent About Change?

October 12, 2016 ♦ Birmingham, Alabama



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SATTC & UAB Substance Abuse Programs Training Institute



About the Trainer

Joan Leary, Licensed Professional Counselor, LPC, received her BA in Humanities with a specialty in Spanish from Ohio State University, a Masters of Arts in Counseling from University of Alabama Birmingham. Joan has over 15 years of experience working as a substance related disorders counselor both in inpatient treatment and private practice, where she has treated impaired professionals as well as clients recovering from alcoholism, drug dependence, childhood trauma issues, codependency, and anger management.

Joan is currently working at the University of Alabama Birmingham, Department of Psychiatry, Substance Abuse Programs as a Project Manager, where she is focusing on providing training opportunities for behavioral health clinicians and practitioners.

Don't miss this training opportunity for Mental Health and Substance Abuse Professionals.

Objectives:

1. Gain awareness of MI as an evidence-based practice which has been shown to be effective for many client/patient populations.
2. Participants will learn the definition, spirit and principles of Motivational Interviewing and how to effectively integrate these concepts into professional practice.
3. Gain familiarization with the stages of changes (Prochaska and DiClemente) and how to utilize this modality with clients.
4. Participants will learn new strategies to deal with client ambivalence both in individual and group settings.
5. Using case studies the participants will practice MI and hone their skills.

DATE and LOCATION October 12, 2016

8:30 am- 3:15 pm

UAB Substance Abuse Programs
401 Beacon Parkway West ~Room 140
Birmingham, AL. 35209

[Park in rear](#)

HOW TO REGISTER:

www.uab.edu/medicine/substanceabuse/training

For more info:

Email Joan Leary- jleary@uab.edu

UAB SAP is an NBCC Approved Continuing Education Provider (ACEP) and hours for events that meet NBCC requirements. The ACEP solely is responsible for all aspects of the

program.: **Cost: \$65.00** 5.0 clock hours continuing education clock hours NBCC #6589 approved. AL. Bd of Social Work #0503