



Alabama Board of Nursing

Botox For Hyperhidrosis Protocol

BOTOX INJECTION FOR HYPERHIDROSIS: The CRNP scope of practice includes: the evaluation of patients for appropriateness of treatment, the development of a treatment plan including ordering appropriate treatment product and dosage, administration by injection of botulinum toxin A ("Botox") for hyperhidrosis according to the treatment plan, follow up to evaluate treatment effectiveness with intervention as needed to correct adverse reactions, and adjustment of the individual treatment plan.

PHYSICIAN REQUIREMENTS:

- The collaborating physician for the CRNP must be a Board-Certified Dermatologist. The collaborating physician must complete a request to train the CRNP.

APPLICATION LINK: [Hyperhidrosis Application](#)

POPULATION FOCI EXCLUSIONS: Neonatal and Psychiatric-Mental Health CRNPs, and Certified Nurse-Midwives

LIMITATIONS:

- CRNP must have **one (1) year** of experience working in Dermatology with a Board-Certified Dermatologist as a collaborating physician.
- After supervised practice has been approved, the collaborating or covering physician must be readily available when this procedure is performed by the CRNP.
- Botulinum toxin injections for hyperhidrosis may only be performed on the palms, the soles of the feet, and the axilla.

EDUCATION/COURSE REQUIREMENTS:

- Documentation of training must be submitted to the Board(s) for final approval before the CRNP may perform the skill.
- The CRNP must maintain on file readily retrievable documentation of procedures performed annually, including the documented training, education, and competency validation.

Training Requirements for Skill(s) or Procedure(s)

- The CRNP must perform the required initial procedures/skills under the direction/observation of the collaborating or covering physician, who must be physically present on-site during training.

Supervised practice must be submitted to the Board within one (1) year of approval to train, or the approval to train will lapse.



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Skills/Procedures	Observations if indicated	Number Required for Initial	Annual Maintenance Requirement
Injections for Hyperhidrosis	Observe 10 procedures performed by the collaborating physician	10 procedures at each approved anatomic location	No less than 10 procedures annually at each approved anatomic location to maintain competency

QUALITY ASSURANCE MONITORING REQUIRED: Documented evaluation of the clinical practice (high risk/problem prone skill) against defined quality outcome measures, using a meaningful selected sample of patient records and a review of all adverse events [ABN Administrative Code § 610-X-.01(13)].

- The CRNP must discuss with the collaborating physician any patient receiving a drug that potentially interferes with neuromuscular transmission and any patient with pre-existing neuromuscular disorders. In addition, the treatment by the CRNP is contraindicated if the injection site is infected or if the patient has a hypersensitivity to Botox.

NOTES:

- Training may not begin until the CRNP receives written approval from the Alabama Board of Nursing, and the physician must receive written approval from the Alabama Board of Medical Examiners.