## PSYCHIATRIC AND MENTAL HEALTH CERTIFIED REGISTERED NURSE PRACTITIONER Standard Protocol (Collaborative Practice)

The patient population of the Adult Psychiatric-Mental Health NP includes those 13 years of age and older. The Psychiatric-Mental Health NP treats a patient population across the life span.

## **Core Duties and Scope of Practice**

- 1. The certified registered nurse practitioner (CRNP) may work in any setting consistent with the collaborating physician's areas of practice and function within the CRNP's population-focused scope of practice. The CRNP's scope of practice shall be defined as those functions and procedures for which the CRNP is qualified by formal education, clinical training, area of certification, and experience to perform.
- 2. The following core skills and formulary are part of the standard protocol which may be performed by the CRNP:
  - a. Arrange inpatient admissions, transfers and discharges in accordance with established guidelines/standards developed within the collaborative practice; perform rounds and record appropriate patient progress notes; compile detailed narrative and case summaries; complete forms pertinent to patients' medical records.
  - b. Perform complete, detailed, and accurate health histories, review patient records, develop comprehensive medical and nursing status reports, and order laboratory, radiological, and diagnostic studies appropriate for complaint, age, race, sex, and physical condition of the patient.
  - c. Perform comprehensive physical examinations and assessments.
  - d. Formulate medical and nursing diagnoses and institute therapy or referrals of patients to the appropriate health care facilities and/or agencies and other resources of the community or physician.
  - e. Plan and initiate a therapeutic regimen which includes ordering legend drugs, medical devices, nutrition, and supportive services in accordance with established protocols and institutional policies.
  - f. Institute emergency measures and emergency treatment or appropriate stabilization measures in situations such as cardiac arrest, shock, hemorrhage, convulsions, poisoning, and allergic reactions. In emergencies, initiate mechanical ventilatory support and breathing, if indicated.
  - g. Interpret and analyze patient data and results of laboratory and diagnostic tests.
  - h. Provide instructions and guidance regarding health care and health care promotion to patients, family and significant others.
- 3. In addition to procedures within basic RN scope of practice, the collaborating physician and CRNP determine whether a procedure on the protocol is necessary for their collaborative practice site(s). The physician must be qualified to provide medical direction for the procedure; the CRNP who lacks current proficiency is responsible and accountable for obtaining sufficient education, guidance and/or supervision for safe practice prior to performing a procedure. The CRNP should have on file the documented training, education, and competency validation for <u>all</u> of the skills/procedures listed below and agreed upon with the collaborating physician, which include, but are not limited to, the following Standard Skill/Procedure Protocol:
  - a. The skills, functions, and formulary taught in Nurse Practitioner (NP) academic education do not require individual documentation.
  - b. The collaborating physician and CRNP may document and validate that the NP has received: education, training, and competency (to include demonstrated competency with respect to specialty legend drugs) to comply with the rules and regulations pertaining to the CRNP's duties and physician's collaborative practice.
  - c. The documentation and signatures below indicate: the skills and procedures previously acquired and proficiently performed and the specialty legend drugs approved in this collaborative practice.

Revised April 2024

| Standard Skill and Formulary Protocols<br>(* Indicates RN Practice)  | Physician Initials or ✓ Indicate Skill and Formulary Protocols Are Allowed at the Practice Site |                     | Education and Competency  Validation  ✓ or Date = Previous Validation  N/A = Not Applicable |                        |                             |
|--|---|---------------------|---|------------------------|-----------------------------|
|  | Permitted<br>(Yes)  | Not Allowed<br>(No) | Basic NP<br>Education   | Previous<br>Validation | Instruction to be Scheduled |
| Conducts psychotherapy with individuals, families and groups   |   |                     |   |                        |                             |
| Performs Biopsychosocial developmental screenings  |   |                     |   |                        |                             |
| Performs Comprehensive biopsychosocial assessment  |   |                     |   |                        |                             |
| Performs Cultural assessments including mind, body, spiritual and genomic factors                                    |   |                     |   |                        |                             |
| Performs Risk assessment for suicidal, homicidal, substance abuse behaviors and life threatening physical conditions |   |                     |   |                        |                             |

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|--|---|---------------------|---|------------------------|--------------------------------|
| Specialty Legend Drugs authorized for use within the scope of the collaborative practice specialty | <b>NOTE:</b> The Initial dose must be prescribed by a physician, with authorization to prescribe maintenance doses, according to written protocol or direct order of the physician. |                     |   |                        |                                |
|  | Permitted<br>(Yes)  | Not Allowed<br>(No) | Basic NP<br>Education   | Previous<br>Validation | Instruction to<br>be Scheduled |
| Antineoplastic Agents  |   |                     |   |                        |                                |
| Oxytocics for CRNP   |   |                     |   |                        |                                |
| Radioactive Agents   |   |                     |   |                        |                                |
| Non-Biologic disease - modifying Anti-<br>Rheumatic Drugs (DMARDS)                                 |   |                     |   |                        |                                |
| Biologic or Biosimilar DMARDS and Anti-<br>tumor necrosis factor drugs (anti-TNF)                  |   |                     |   |                        |                                |
| Other Biologics or Biosimilars (excluding Anti-TNF)  |   |                     |   |                        |                                |

Revised April 2024 2

- 4. Additional specialty skills may be requested for the CRNP (i.e., diagnostic or therapeutic Skill and Formulary requiring additional training, monitoring, and/or onsite physician availability), as provided in ABN <u>Administrative Code</u> Chapter 610-X-5-.11(3). The protocols are determined by the practice site and population-focused certification. They are available on the Advanced Practice section of the ABN website.
- 5. The signatures below indicate the Standard Protocol Agreement for this collaborative practice and define the skills and standard legend drugs the collaborative physician has approved for the collaboration with this CRNP.

## TO BE COMPLETED BY CRNP/MD

THE FOLLOWING FIELDS ARE REQUIRED. INCOMPLETE FORMS WILL BE RETURNED.

Patient Referral Process (for physicians other than collaborating physician (610-X-5-.09(8)(f))

| <b>Emergency Plan (pr</b> | re-determined ı | plan for emer | aencies | (610-X-5 | .09(8)(e)) |
|---------------------------|-----------------|---------------|---------|----------|------------|
|---------------------------|-----------------|---------------|---------|----------|------------|

Attestation: We hereby certify under penalty of law of the State of Alabama that the foregoing information in this standard protocol is correct to the best of our knowledge and belief. We understand that we are jointly and individually responsible for complying with the rules and regulations pertaining to CRNP and the collaborative practice of CRNP with physicians.

| Print Collaborating Physician Name | Original Signature of Collaborating Physician | Date |
|------------------------------------|---|------|
| Physician License #                |   |      |
| Print Name of CRNP                 | Original Signature of CRNP                    | Date |

Alabama RN / Multistate License #

Note: This protocol is to be on file with the ABN and a copy of this protocol should be on file at the practice site.

Return the completed, signed form via email to <a href="mailto:advancedpractice@abn.alabama.gov">advancedpractice@abn.alabama.gov</a> or fax it to 334.293.5201.

Revised April 2024 3